Dear Families,

Theodor Seuss Geisel—better known as Dr. Seuss—was born on March 2, 1904. He was an American writer, poet, and cartoonist known for his children’s books, including *Green Eggs and Ham*, *The Cat in the Hat*, and *How the Grinch Stole Christmas*, among others.

His stories celebrate individuality, imagination, childhood and growing up, learning, acceptance, love, family, and friends. Dr. Seuss was also an advocate for the power of reading and education to help improve our lives. In his book, *I Can Read With My Eyes Shut!*, he writes:

“The more that you read, the more things you will know. The more that you learn, the more places you’ll go.”

Dr. Seuss books have been the ones children read first on their own. More than two hundred million of his books have been sold in more than fifteen different languages worldwide. He added the “Dr.” to his name because his father always wanted a doctor in the family.

Dr. Seuss’s idea of knowledge as a key to the doorway of opportunities is very much alive today. So this month, let us celebrate and remember the creativity and joy of an author who continues to inspire and encourage a love of reading in children and adults of all ages.

 Appropriately enough, this year the Even Start Program will be turning 25 years old. That is a quarter of a century! This special literacy program promotes and improves reading skills among preschoolers and their parents. Watch for more information regarding the date and time of our birthday celebration in May.

Sincerely,

Pearl Tokar
## DATES TO REMEMBER

### March

<table>
<thead>
<tr>
<th>Date</th>
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<tbody>
<tr>
<td>March 2</td>
<td>Dr. Seuss’ birthday</td>
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<tr>
<td>March 6-11</td>
<td>National Foreign Language Week</td>
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<tr>
<td>March 6, 20</td>
<td>Parent Music Program with Michelle – 11:15 a.m. room 114</td>
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<td>March 8</td>
<td>Preschool Story Time 9:45 a.m. Nacho Sale to benefit the Even Start Program Scholarship Fund</td>
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<td>March 12</td>
<td>Daylight savings time begins – turn your clocks ahead one hour.</td>
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<td>March 13-17</td>
<td>Used Book Sale</td>
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<td>March 17</td>
<td>Happy St. Patrick’s Day</td>
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<td>March 20</td>
<td>First Day of Spring</td>
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<td>March 22</td>
<td>Popcorn Sale to benefit the Even Start Program Scholarship Fund</td>
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<tr>
<td>March 30</td>
<td>Even Start Program 25th anniversary planning meeting 12:15 p.m. - library</td>
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### April

**“MONTH OF THE YOUNG CHILD”**

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<tr>
<th>Date</th>
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<tr>
<td>April 3</td>
<td><strong>No school</strong> – Superintendent’s Conference Day</td>
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<td>April 4-7</td>
<td>Art Show</td>
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<td>April 5</td>
<td>Nacho Sale to benefit the Even Start Program Scholarship Fund</td>
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<td>April 10, 24</td>
<td>Parent Music Program with Michelle – 11:15 a.m. room 114</td>
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<td>April 11</td>
<td>Bingo Night for Families – 6:30 p.m. Good Shepherd School – call Donna at 359-7913 to register.</td>
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<td>April 12</td>
<td>Preschool Story Time 9:45 a.m. Popcorn Sale to benefit the Even Start Program Scholarship Fund</td>
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<td>April 14</td>
<td><strong>No school</strong> – Good Friday</td>
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<td>April 16</td>
<td>Easter</td>
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<td>April 17-21</td>
<td><strong>No school</strong> – Spring recess</td>
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<td>April 18-20</td>
<td>Open Swim 1:30-2:30 p.m. and 2:30-3:30 at the Senior High School</td>
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<td>April 22</td>
<td>Earth Day</td>
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<td>April 25</td>
<td>“Month of the Young Child” reception in classrooms</td>
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<td>April 26</td>
<td>Popcorn Sale to benefit the Even Start Program Scholarship Fund</td>
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<td>April 27 &amp; 28</td>
<td>Trike-a-Thon to benefit St. Jude’s Children’s Research Hospital – bikes and helmets are needed</td>
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<td>April 28</td>
<td>Carnival for the “Month of the Young Child”</td>
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<td>Arbor Day</td>
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**Did you know that…**

- we celebrate St. Patrick’s Day on March 17?
- all clocks need to be changed on March 12? Turn your clocks ahead one hour before going to bed.
- March 2 is the birthday of children’s author Dr. Seuss? Find a list of Dr. Seuss books you can read to your child in this newsletter.
- March is creative arts and national nutrition month?
- March 20 is the first day of spring?
- you can register your child beginning this month to attend Even Start classes in September? Call Linda McGory at 359-7919 for more information.
- if you haven’t received an application for Universal Pre-Kindergarten beginning in September 2017 you can call Denise Ambrose, Universal Pre-Kindergarten Coordinator, at (585) 359-7914. This program is for district residents whose children will be four years old by December 1, 2017.
Congratulations to…

• all Even Start teachers and staff who deserve to be recognized for their commitment to the care and education of our preschool children.

Thank you to…

• Pam Harper for organizing and working the nacho and popcorn sales.
• all the children and parents who gave Valentine treats to the teachers and students.
• Lindsay Vaeth for taking photographs of the students while they are busy working on fun activities.

We have openings in all classrooms for September

Reserve your child’s spot today!
See Linda McGory in L1 (library) for registration information.

2017-2018 Kindergarten Registration

Kindergarten registration has begun and will run through Friday, March 31, 2017.

• Registration packets were mailed out the first week of January.

• After receiving a packet, parents may then call to schedule a registration appointment.

• Appointments will be held between 8 a.m. to 3 p.m. daily; additionally, five (5) evening dates (from 4:30-7:00 p.m.) will be offered on various Mondays throughout the registration period.

Registration appointments will be held at the Ninth Grade Academy, at the specific entrance for the District Registrar.
All around the Even Start Program

News from the Infants and Twos Room

Hello spring, we welcome you! We will be working on flowers, birds, butterflies and getting ready for the Art Show. On March 20th there is a Parent Music Class with Michelle in room 114.

We want to wish Dr. Seuss a happy birthday in March. Don’t forget to wear green on March 17th for St. Patrick’s Day. The first day of spring is March 20th.

Have a great spring.

Karen Minotti and Chris Miner

News from the Preschool II Room

We completed all of our February themes in this short month. They were full of fun and meaningful subjects.

February 2nd was Groundhog Day. We learned that if the groundhog sees his shadow that day, spring is still far away. We also learned that the sunlight and bright light would make shadows on the ground.

Through the theme of valentines, we learned about friendship, love, hugs, caring and sharing. We folded heart shapes in half and discussed “whole and half”. We enjoyed playing the visual memory game of “Missing Hearts”, chanted the “Hello, how are you?” poem, and “Get Those Hearts Pumping” was one of our favorite songs. The Valentine’s party was one of our most exciting events.

February was also Dental Health month. We learned about how and when to brush our teeth so they stay clean and healthy. We also learned about healthy food choices in order to keep healthy teeth.

In March, we will learn about the author Dr. Seuss, read some interesting books he wrote and work on some fun projects. On St. Patrick’s Day hopefully the children will be wearing green clothes. On the theme of spring season we will be talking about the weather change and the growing process of plants.

Angeli Wong and Lindsay Vaeth

News from the Preschool I Room

Inspite of February being a short month, we still did lots of activities. Children learned about Groundhog Day and Valentine’s Day. Our Valentine’s party was our favorite event because all the children passed the valentine’s treats to their friends. The children also learned about taking care of their teeth, brushing, and flossing.

In March, we will celebrate Dr. Suess’ birthday. We will read Dr. Suess books and do projects around this theme. St. Patrick’s Day is on March 17; all the children should wear green. Spring will also be one of our themes in March.

Happy spring!

Sobia Zulfiqar and Celeste Nichols

“Every child is an artist. The problem is how to remain an artist once we grow up.”
— Pablo Picasso
Spring Used Book Sale
March 13-17, 2017

If you would like to donate books for the sale please bring them to the library at Good Shepherd School. Thank you.

Happy St. Patrick’s Day!
On March 17

Reminder
Daylight Savings Time begins Sunday, March 12th.
Turn your clocks ahead one hour.

There are no Even Start classes
April 3 Superintendent’s Conference Day
April 14 Good Friday and
April 17 – 21 Spring recess

Classes resume
Monday, April 24, 2017
March 2 is the birthday of children’s author Dr. Seuss. Here are some of his famous books and some you may not have heard of:

And To Think That I Saw It On Mulberry Street (1937)
The 500 Hats Of Bartholomew Cubbins (1938)
The King's Stilts (1939)
Horton Hatches the Egg (1940)
McElligot's Pool (1947)
Thidwick The Big-Hearted Moose (1948)
Bartholomew And The Oobleck (1949)
If I Ran the Zoo (1950)
Scrambled Eggs Super! (1953)
Horton Hears A Who! (1954)
On Beyond Zebra (1955)
If I Ran The Circus (1956)
The Cat in the Hat (1957)
How The Grinch Stole Christmas (1957)
Yertle The Turtle And Other Stories (1958)
The Cat In The Hat Comes Back! (1958)
Happy Birthday To You! (1959)
Green Eggs And Ham (1960)
One Fish Two Fish Red Fish Blue Fish (1960)
The Sneetches And Other Stories (1961)
Dr. Seuss's Sleep Book (1962)
Oh Say Can You Say? (1979)
Hunches In Bunches (1982)
The Butter Battle Book (1984)
You're Only Old Once! (1986)
I am Not Going to Get Up Today (1987)
Oh, The Places You'll Go! (1990)

Happy 25th Birthday
Even Start Program
The Even Start Program turns 25 years old this month.
Watch for information regarding the date and time of the Even Start Program’s birthday bash to be held in May.
March is National Nutrition Month

Tips on Making Healthy Food Fun for Kids

Developing healthy eating habits in kids is vital for keeping them fit and preventing health problems. Most kids love eating sweets and other food rich in sugar and many of them would rather skip eating vegetables and fruits. Nutrition Explorations recommends encouraging kids to eat more vegetables and fruits and involving kids in preparing the food. Depending on their age and skills kids can help prepare healthy food and the chances are that they would love to try the food they cooked themselves. Below are some quick and easy ideas parents will find useful.

1. Smoothie Creations
Blend low-fat or fat free yogurt or milk with pieces of bananas, peaches, pineapple or berries and crushed ice. You can use fresh, frozen or canned fruits. If you freeze the fruits first there is no need to add ice in your cocktail.

2. Delicious Dippers
Whip up a quick but nutritious dip with yogurt and seasonings like herbs and garlic to be served with raw vegetable such as carrots, broccoli, cauliflower, etc. Fruits taste delicious with a yogurt and cinnamon or vanilla dip.

3. Caterpillar Kabobs
Cut slices of melon, orange, apple and pear and assemble them on skewers for a fruity kabob. Or you may try a vegetable version with zucchini, squash, tomatoes, sweet pepper and cucumber.

4. Personalized Pizzas
Engage the kids in preparing a homemade pizza. Use whole-grain English muffins, pita bread or bagels to make a crust and tomato sauce, low-fat cheese, vegetables or fruits for topping. Ask the kids what they would like to have for topping. Finally put your pizza into the oven to heat it up.

5. Potato Person
Adorn a half of baked potato with sliced cherry tomatoes, peas and low-fat cheese to create a funny face on the potato.

6. Fruity Peanut Butterfly
Use celery sticks to make the body and thin slices of apples to make the wings and attach them with peanut butter. Adorn with halved grapes or dried fruits.

7. Frosty Fruits
Kids adore frozen treats, especially in summer. Put fresh fruits in the freezer and use in place of ice cubes in beverages. Insert sticks into peeled bananas and freeze to make “popsicles”.

8. Homemade Trail Mix
Make your own trail mix by mixing nuts like unsalted peanuts, cashews, walnuts or sunflower seeds with dried fruits such as apples, pears, apricots, pineapples or raisins; plus add whole-grain cereals to the dish.

9. Bugs on a Log
Cucumber, celery or carrot sticks can serve as a log. Then add peanut butter and top with dried fruit of your choice: cherries, cranberries, raisins, etc.

10. Put Kids in Charge
Ask your kids to name other foods made of vegetables and fruits. Let them arrange raw vegetables or fruits to make fun shapes.
Universal Pre-Kindergarten (UPK) Extended Day Program

Available for students enrolled in the UPK program at the Rush-Henrietta District Site

Hours of operation:
7:00 a.m. – 6:00 p.m. Monday - Friday
Following the Rush-Henrietta Central School District calendar.

Minimum sign up of three days/week
Staff-to-student ratio 1:8

Rates

Annual registration fee: $20.00 per child

Care for those who attend morning UPK:
Before Care 7:00 a.m. – 9:00 a.m. $ 6.50 per day
After Care 11:30 a.m. – 6:00 p.m. $20.50 per day
Both $27.00 per day

Care for those who attend afternoon UPK:
Before Care 7:00 a.m. - 12:30 p.m. $17.50 per day
After Care 3:00 p.m. - 6:00 p.m. $ 9.50 per day
Both $27.00 per day

Care available for non-school days:
6:30 a.m. - 6:00 p.m. $39.00 per day

Activities include arts and crafts, music, gym, outside time, and interest centers.

Interest centers include sand/water table, easel, writing center, housekeeping, puzzles, blocks, manipulatives, playdoh, cars and trucks, dinosaurs/animals, etc.

Snack will be provided.

Pearl Tokar, Coordinator of Child Care Services
(585) 359-7912
ptokar@rhnet.org
or
Kim Fiscus (585) 359-5522
kfiscus@rhnet.org
March 31st deadline to register for Cub Care Zone is fast approaching!

Before and after school care:
The Cub Care Zone, or C2Z for short, will provide fee-based care for children in grades K–6 at the school the child attends. Beginning in September 2017, this care will be provided at six locations: our four K–3 schools (Crane, Fyle, Leary, Winstlow) and two 4–6 schools (Sherman and Vollmer).

C2Z is available weekday mornings at 6:30 a.m. until school begins and weekday afternoons at the end of the school day until 6 p.m. Children can attend in the morning, the afternoon, or both. Children must be registered for a minimum of three days per week. C2Z will be open on all school days, as well as non-school conference days and most holidays.

Non-school day care:
When school is not in session, all-day care throughout the district will be provided, for an additional cost, from 6:30 a.m. to 6 p.m., at the Carlton Webster Building, 2000 Lehigh Station Road. There will be no care available for district-wide emergency closings.

As-needed care:
For your convenience, C2Z will be available before and after school for unexpected personal needs. To be eligible for As-needed C2Z, you must register for the program by following the instructions below; complete and submit the enrollment forms prior to your child attending, and notify us of the date needed and pay the per-day cost.

<table>
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<tr>
<th>Weekly Before/After School C2Z Price per Child</th>
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<td>Before School</td>
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An annual registration fee of $20 per child.

How to Register: Registration deadline is Friday, March 31, 2017.
1. Go to www.rhcs.net/caregister, sign in to your own account or set up an account for yourself (the adult); then add your child(ren) as members of that account.
2. Click the Course Search at the top left of the page; click the Session box; from the drop down list, choose C2Z 2017-2018; click the green Search button.
3. Register your child for the school you have chosen.
4. Add the course to your cart; make your Visa or MasterCard payment; be sure to fill out the Cardholder name information. At this time you will be paying the annual $20 registration fee for each child.
6. Call 359-7805 to schedule your Enrollment meeting.

Account or registration questions? Call Continuing Education, 359-7805.
Program questions? Call Pearl Tokar, C2Z office, 359-7912.

Rush-Henrietta Cub Care Zone (C2Z) 585.359.7912
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<th>Sunday</th>
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<td>Parent Music Program with Michelle – 11:15 a.m. – room 114</td>
<td>Preschool Story Time 9:45 a.m. Nacho Sale to benefit the Even Start Program Scholarship Fund</td>
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<td>Daylight savings time begins – turn your clocks ahead one hour</td>
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<td>St. Patrick’s Day – wear green</td>
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<td>First Day of Spring Parent Music Program with Michelle – 11:15 a.m. – room 114</td>
<td>Popcorn Sale to benefit the Even Start Program Scholarship Fund</td>
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<td>Even Start Program 25th Anniversary planning meeting 12:15 p.m. in library</td>
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<td>3 No Even Start classes</td>
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<td>Parent Music Program with Michelle – 11:15 a.m. room 114</td>
<td>11 Preschool Story Time 9:45 a.m.</td>
<td>12 Popcorn Sale to benefit the Even Start Program Scholarship Fund</td>
<td>13 Good Friday – Spring recess – no classes through April 24</td>
<td>14 Good Friday – Spring recess – no classes through April 24</td>
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<td>16 Happy Easter!</td>
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<td>22 Earth Day</td>
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<td>Open Swim 1:30-2:30 p.m. and 2:30-3:30 p.m. at the Senior High School</td>
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<td>Spring recess – No Even Start Classes</td>
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<td>25 “Month of the Young Child” reception in classrooms</td>
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<td>28 Carnival for the “Month of the Young Child”</td>
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<td>23 Even Start classes resume</td>
<td>25 “Month of the Young Child” reception in classrooms</td>
<td>26 Nacho Sale to benefit the Even Start Program Scholarship Fund</td>
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<td>28 Carnival for the “Month of the Young Child” Arbor Day</td>
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HOW CAN WE HELP YOU?

Return this form to Pearl Tokar

RUSH-HENRIETTA
Central School District
2034 Lehigh Station Road
Henrietta, New York 14467
Phone: (585) 359-5000
Fax: (585) 359-5045
www.rhnet.org

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Mr. Sean P. McCormick, Vice President
Mr. Simeon I. Banister
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Mrs. Ammarie Strzyzynski

Superintendent of Schools
Dr. J. Kenneth Graham, Jr.