

Rush-Henrietta Central School District

Dear Parents/Guardians,

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or "BMI". The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examinations required in **Grades K, 1, 3, 5, 7, 9 and 11.**

As a result, each year a sample of school districts are selected to report these findings to the New York State Department of Health. This information assists health officials in developing programs that make it easier for children to be healthier. **Please note: Only summary information is sent. No names and no information about individual students are sent.**

If you do not wish to have your child's weight status group information included as part of the next mandated Health Department's survey, please print and sign your name below and return this form to your School Nurse Teacher by the **end of November.** Please don't hesitate to contact your School Nurse Teacher with any questions regarding this issue.

Please do not include my child's weight status group information in the next mandated School Report.

Child's Name (Please Print)

Date

Parent/Guardian Name (Please Print)

Parent/Guardian Signature