



## *Athletic Achievements 2012-13*

RH seniors who have participated in three seasons. (We had 18 this year.)

**Jake Chapman** M 12 Rush Henrietta Football Varsity

Rush Henrietta Indoor Track JV/Varsity

Rush Henrietta Track JV/Varsity

**Danny Drummond** M 12 Rush Henrietta Football Varsity

Rush Henrietta Basketball Varsity

Rush Henrietta Track JV/Varsity

**Bobby Exler** M 12 Rush Henrietta Cross Country JV/Varsity

Rush Henrietta Indoor Track JV/Varsity

Rush Henrietta Baseball Varsity

**Chancellor Harris** M 12 Rush Henrietta Football Varsity

Rush Henrietta Basketball Varsity

Rush Henrietta Track JV/Varsity

**Emma Jones** F 12 Rush Henrietta Cross Country JV/Varsity

Rush Henrietta Indoor Track JV/Varsity

Rush Henrietta Track JV/Varsity

**Michael Larkin** M 12 Rush Henrietta Cross Country JV/Varsity

Rush Henrietta Indoor Track JV/Varsity

Rush Henrietta Track JV/Varsity

**Paul Lasher** M 12 Rush Henrietta Cross Country JV/Varsity

Rush Henrietta Swimming Varsity

Rush Henrietta Baseball Varsity

**Eliot Leubner** M 12 Rush Henrietta Football Varsity

Rush Henrietta Indoor Track JV/Varsity

Rush Henrietta Track JV/Varsity

**Andy Lew,** M 12 Rush Henrietta Cross Country JV/Varsity

Rush Henrietta Indoor Track JV/Varsity

Rush Henrietta Track JV/Varsity

**Alana MacDonald** F 12 Rush Henrietta Cross Country JV/Varsity

Rush Henrietta Indoor Track JV/Varsity

Rush Henrietta Track JV/Varsity

**Sarah Mack** F 12 Rush Henrietta Swimming Varsity

Rush Henrietta Indoor Track JV/Varsity

Rush Henrietta Track JV/Varsity

**Brennan Root** M 12 Rush Henrietta Cross Country JV/Varsity

Rush Henrietta Indoor Track JV/Varsity

Rush Henrietta Track JV/Varsity

**Mikey Schantz** M 12 Rush Henrietta Cross Country JV/Varsity

Rush Henrietta Indoor Track JV/Varsity

Rush Henrietta Track JV/Varsity  
**Chauncey Scissum** M 12 Rush Henrietta Football Varsity  
Rush Henrietta Indoor Track JV/Varsity  
Rush Henrietta Lacrosse Varsity  
**Patrick Shenal** M 12 Rush Henrietta Cross Country JV/Varsity  
Rush Henrietta Indoor Track JV/Varsity  
Rush Henrietta Track JV/Varsity  
**Jack Waringa** M 12 Rush Henrietta Cross Country JV/Varsity  
Rush Henrietta Indoor Track JV/Varsity  
Rush Henrietta Track JV/Varsity  
**Jessica Wisniewski** F 12 Rush Henrietta Soccer Varsity  
Rush Henrietta Indoor Track JV/Varsity  
Rush Henrietta Track JV/Varsity  
**Josh Wray** M 12 Rush Henrietta Cross Country JV/Varsity  
Rush Henrietta Indoor Track JV/Varsity  
Rush Henrietta Track JV/Varsity

Overall, we had **81** -3sport athletes in the HS program, JV and V!  
In our entire program, grades 7-12, we had **128**-3 sport athletes!  
Overall we went up from last year—where we had 116, grades 7-12.

We also had as many combinations of three sports athletes as could be imagined—from ice hockey to baseball to swimming to lacrosse, track, etc. Where else can you have one of the best golfers in Section 5 choose to go out for track his senior year and become the sectional shot put champion in his first try? Or the basketball player who decided to try the triple jump in winter track as a sophomore and not only become a sectional champion, but runner-up in the state indoor championships—only to also happen to change over and play lacrosse in the spring. Or the AGR swimmer who has been the starting third baseman on our baseball team since his freshman year and hit a towering homerun against Webster Schroeder in the sectional semifinals to ice a win for RH. Ryan Hancy had a two run HR in that game too.

What a year for R-H athletics! 1,645 student athletes, grades 7-12.

- 3 county championship teams
- Football, Boys' Bowling, and Girls' Track

- 5 section 5 championship teams (Boys' XC, Girls' XC, Boys' Indoor Track, Girls' Indoor Track, and Boys' Spring Track...Girls' spring track was runner-up by one point!)
- We also had 38 individual sectional champions and 61 state qualifiers!

**We had 2<sup>nd</sup> players/athletes of the year, as well as two coaches of the year...**

Players/athletes of the Year: Chauncey Scissum was the Section 5 AA Offensive Player of the Year. Mickey Burke was the AGR Runner of the Year and XC Nike All American.

Coach of the year: Mike DeMay was named AGR Coach of the Year again (so far) in Girls' XC. Rachel Teliski was named Section 5 AA Cheerleading Coach of the Year.

### **Section 5 Champions:**

#### **Girls' XC**

#### **Boys' XC:**

Junior Mickey Burke won his second individual Section 5 title, crushing the field by almost 30 seconds. (He was runner-up last year and champion in 2010.) .

#### **Indoor Track:**

(Boys' team and Girls' teams both Section 5 Champions, 4th year in a row for boys, second straight year for the girls).

#### Individual Section 5 Champions:

Mickey Burke, 1000m & 1600m

Josh Wray, 300m

Chauncey Scissum, triple jump

#### Section 5 Champion relay teams:

4x400 of AJ Muoio, Brennan Root, Mickey Burke & Pat Shenal

4x200 of Chauncey Scissum, Jason Wooten, Josh Wray &

Malcolm Fowler

#### Girls' Individual Sectional Champions:

Ceara Watson, 600m

Alex Cooper, 1500m

Girls' Section 5 Champion relay team:

4x800 of Xaelel Allen-Caballaro, Emma Jones, Alex Cooper & Ceara Watson

**Spring Track & Field:**

The boys track team won sectionals in dominating fashion. They beat the next best team by over 60 points. Winning individual sectional titles were Brennan Root (steeple chase & 3200 meters), Mickey Burke (1600 meters & 800 meters), Josh Saxton (discus), Dan Drummand (shot put) and they also had two winning relays, 400m Relay of Tyrone Burno, Josh Wray, Malcolm Fowler and Chancellor Harris and the 1600m Relay of Josh Wray, Paul Henry, Mickey Burke and Pat Shenal.

The girls team lost their sectionals by one point to Penfield 95-94. Ceara Watson was the lone individual champion in the 400 meter hurdles and the 1600m Relay also won with Alana MacDonald, Mahagani Thomas, Ceara Watson and Emily Zealfa.

The team moved on to the New York State Championships in Middletown with 21 student athletes competing.

***Brendon Root was crowned state champion in the 3200 m steeplechase!***

***We had a school record 61 student athletes qualify for the state championships:***

**22 teams were recognized for the NYS Team Scholar Award:**  
(It is based on a combined team GPA of 90 or above)

**Major Athletic Awards were presented by our coaching staff at the Royal Comet Dinner in June 2013**

## **Our Awards for Exceptional Achievement**

**Principal's Award:** Sarah Winzenried and Dan Drummond

**Sportsmanship:** Mackenzie Russo) and Sean Tomkinson)

**Leadership:** Alyssa Van Ryne), Eliot Luebner) and Bobby Exler

**Service:** Kylie Connell) and Nicholas Binnert

**Outstanding Athlete in an Individual Sport:** Alana MacDonald and Mickey Burke

**Outstanding Athlete in an Team Sport:** Nikki Turley and Barley)

**Coaches Award:** Tessa Wisniewski and Daren Roper

**Senior All-Around:** Jessica Wisniewski) and Chauncey Scissum

**Werner Kleemann Award:** Tessa Mitchell and Chase Weichman

## **Scholarships**

### **Marcel Modeste Scholarship**

Danny Drummond

### **R-H Coaches Scholarships:**

Josh Wray---Bobby Exler---Alyssa VanRyne---Jordyn Simmons