## Tips for Left-Handed Students\*

\*things we take for granted in a right-handed world

## **Problems**

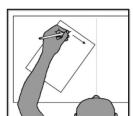
- Writing smudges because of hand dragging across text
- Writing hand covers written text
- Lefties often resort to awkward positioning and inefficient writing grasps compensate
- Letter formations taught for right-handed are difficult for left-handed (create 'push' rather than 'pull' movements, pull is a more natural movement, push is harder to control)
- Scissors built for righties are mechanically harder to use for a lefty and cover the target line

## Solutions

- Handwriting/drawing
  - Tilt paper to the right so it is parallel with forearm and position to the left of midline
  - Keep wrist straight, hand below writing line
  - Hold pencil a little higher to keep hand from dragging on text or try a scribes grasp (pencil between index and middle finger)
  - Form letters pulling pencil toward hand (may change letter formations)
  - Place text to copy on top of or to the right of writing space
  - Use loose leaf or write on the left page in books (binding does not interfere with hand)
  - Using a finger-spacer strategy is awkward for lefties, try a spacer-stick
  - Mirror writing and reversals may be more common and persistent (allow additional time and visual cues to remediate)

## Cutting

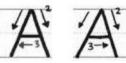
- Cut clockwise around shapes
- Left-handed scissors (left-blade on top) makes a difference
- Know which students are lefties!



Tilted paper to the left of midline, straight wrist, hand below writing line



Scribe's grasp





with bent wrist