

RUSH-HENRIETTA CENTRAL SCHOOL DISTRICT
POLICY 5405

STUDENT WELLNESS

The district believes that for students to have the opportunity to achieve personal, academic, developmental, and social success, it must maintain positive, safe, and health-promoting learning environments at every level, in every setting, throughout the school year.

To ensure environments and opportunities for all students to practice healthy eating and physical activity behaviors throughout the school day, goals and procedures will be established to ensure that:

- Students in the district have access to healthy foods throughout the school day – both through reimbursable school meals and other foods available throughout the school campus – in accordance with federal and state nutrition standards.
- Students receive nutrition education that helps them develop lifelong healthy eating behaviors.
- Students have opportunities to be physically active before, during, and after school.
- Schools engage in the promotion of good nutrition and physical activity, and other activities that encourage student wellness.
- School staff are encouraged and supported to practice healthy nutrition and physical activity behaviors in and out of school.
- The community is engaged in supporting the work of the district in creating continuity between school and other settings for students and staff to practice lifelong healthy habits.
- The district establishes and maintains an infrastructure for management, oversight, implementation, communication, and monitoring of this policy and its established goals and objectives.

Cross-ref: 8500, Food Service Management
 8520, Free and Reduced Price Food Services
 8540, Sanitation and Safety

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