Donation Items

Non-Perishable food only.
Large packs should have smaller individually wrapped packs inside.

**Dry Goods (Low Sodium preferred)**

- Rice: plain or flavored (16oz)
- Tomatoes: Diced/ Stewed (15oz-16oz)
- Hearty (Chunky) Soups
- Canned Stew/ Chili (15oz)
- Canned Chicken/ Tuna (5oz or 15oz)
- Canned Beans: Kidney/Cannellini/Black (15oz)
- Peanut Butter (18oz max)
- Preserves (preferred): Any Flavor (18oz max)
- Potato: canned or boxed (16oz)
- Mac & Cheese
- Pasta: Macaroni/ Ziti/ Rigatoni (16oz)
- Pasta Sauce (16oz)
- Juice: Any Flavor 100% juice (46-48oz)
- Canned Fruit: Pears/ Peaches/ Cocktail /Mandarin Oranges (15oz or 6-pk cups)
- Applesauce (16oz cans or jars or 6-pk cups)
- Canned Veggies: Corn/ Green Beans/ Carrots/ Peas/ Mixed/ Potatoes (15-16oz)
- Cold Cereal (12-15oz)
- Oatmeal (18oz)
- Snack Bars
- Crackers

**Personal Care**

- Deodorant
- Shampoo (15oz max)
- Diapers (small packs)
- Baby Wipes
- Toilet Paper (6-pack max)
- Toothpaste (5-6oz max)
- Bar Soap
- Feminine Hygiene Products

**Cleaning**

- Laundry Detergent (54oz max)
- Laundry Detergent Pods
- Dish Soap (20oz max)
- Paper Towels (2-pack max)

**Monetary donations? There are two ways to donate:**

- We will accept gift cards in any denomination from: Walmart, Tops, Aldi’s, Wegmans, and/or Target.
- Or you can support/donate to the Kicking Hunger 5K by going to rhnet.org/kickinghunger5k.

Call 359-7979 to make arrangements to drop off your donations.

Thank you for your generosity and support!